

FIGURE 4.3

Anticipation Guide

Before we watch the video on nutrition, read each statement below and check one of the boxes to indicate whether you agree or disagree with the statement. After you watch the video, compare your opinions to the information presented in the video.

Statement	Me	Video
Children should have at least three servings of fruit each day.	<input type="checkbox"/> Agree <input type="checkbox"/> Disagree	<input type="checkbox"/> Agree <input type="checkbox"/> Disagree
We get all of our protein from meat and fish.	<input type="checkbox"/> Agree <input type="checkbox"/> Disagree	<input type="checkbox"/> Agree <input type="checkbox"/> Disagree
Some people are allergic to milk products.	<input type="checkbox"/> Agree <input type="checkbox"/> Disagree	<input type="checkbox"/> Agree <input type="checkbox"/> Disagree